

Barrow Neuro-Rehabilitation Services: Therapeutic Apps



This flyer includes activities that have therapeutic value, to aid in your recovery. These lists have been compiled by therapists at the Barrow Neurological Institute, and are categorized by level of difficulty. Many of these activities allow you to increase the level of complexity as well. Playing these activities is not a substitute for therapy, but can be a fun way to work on important skills.

If you're unable to work with a therapist:

- 1) choose which skill area you would like to work on;
- 2) choose a Level 1 (Easy) game to start;
- 3) progress to Level 2 (Medium) and Level 3 (Hard) games as appropriate.

Ask your therapists which activities are best for you.

Check Out the Apps and Games on Our Website:

Skill: Motor, Balance, Coordination Training Apps	Pocket Yoga	Clock Yourself
	* ** ASICS Runkeeper - Run Tracker	




















Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
	Flow Free	Fruit Ninja	Magic Piano by Smule
	Brain Spark: Fast Reaction*	KanDo: Fine Motor Skills Measurement Tool*	Beat Blade 3D: Beat Swiper 3D*
	Hand Eye Coordination Test*	Flow Free Hexes	Train the Brain - Coordination













Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
	Word Search Pro*	Block! Triangle Puzzle: Tangram	Mazes & More: Classic Maze
	Puzzle Games: Jigsaw Puzzles*/Jigsaw Puzzles HD Puzzle Games**	KAMI 2	Differences - Find and Spot Them
	1010!		BlockPuz - Block Puzzle Games
	Word Bubbles		TETRIS
	Match Triple 3D: Matching Tile		











*Apple only, **Android only










Barrow Neurological Institute and St. Josephs Hospital and Medical Center are not affiliated, nor responsible for the content of these software products and activities. These activities are not a substitute for your doctor's or therapist's care. Please discuss with your therapist what activities are best suitable for you. Your personal health information is kept private with your health care provider's privacy policy.








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Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Language 	 Pictoword: Fun Word Quiz Games	 Wordscapes	 4 Pics 1 Word
	 Word Crush - Fun Puzzle Game	 Figgerits - Word Puzzle Games	 *  ** Word Connect α
	 100 PICS Quiz	 WordBrain: Classic Word Puzzle	 Just Jumble
	 Language Therapy: 4-in-1*/ Language Therapy: Aphasia**	 CT Constant Therapy: Brain Rehab	 7 Little Words: Daily Puzzles
	 Cuespeak*	 Word to Word: Fun Brain Games	 NYT Games: Word Games & Sudoku

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Memory 	 Memory • Classic*	 Memory Flash: Remember Pattern**	 Mind Games - Brain Training*/ Mind Games**
	 Memorize: picture match-pair*/ Concentration: Match Game**	 Brain Sharp - Math & Focus*/ Brain Sharp: Memory & Math**	 Brain Game. Picture Match.
	 Train your brain - Memory*/ Train your Brain. Memory Games**	 Practice Numbers by Listening*	 Remember Flow - Brain Test*
			 Dual N-back*  N-Back Training - Boost Memory**

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Planning, Problem Solving and Decision Making 	 Woodoku - Wood Block Puzzles	 Cut the Rope	 Unblock Me
	 Flow Free	 Color Code Breaker*	 Chess - Play & Learn
	 Tic Tac Toe	 Water Sort Puzzle*/Water Sort - Color Puzzle Game**	 100 Logic Games - Time Killers
			 Escape Time Brain Puzzle Game*/Escape Time Logic Puzzle Games**  Coffee Shop on Cool Math Games Fun Mini Games

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Attention 	 Amazing Table - Train Brain App*	 Bejeweled Classic App	 Differences - Find and Spot Them App
	 Zen Match	 Train Your Brain - Attention App	 Visual Attention Therapy App
		 Speed the Card Game Spit Slam*/Speed JD**	 Vision Training and Eye Exercise*
	See General Brain Training Apps		

General Brain Training Apps	 Brain HQ (App/Internet)	 Lumosity: Brain Training (App/Internet)	 *  ** Peak – Brain Training
	 Brain Games - Left vs Right	 Elevate – Brain Training Games	 NeuroNation - Brain Training
	 Impulse - Brain Training	 *  ** Geist (Memorado): Brain & Mind	

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